

# CURRICULUM VITAE

## CRYSTAL TAYLOR-DIETZ

### LICENSED PSYCHOLOGIST

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#### LICENSES

State of Maryland, Licensed Psychologist, Number 05655

District of Columbia, Licensed Psychologist, Number PSY1001056

Authorization to Practice Interjurisdictional Telepsychology, APIT Number 11472

#### EDUCATION

**Chestnut Hill College** Aug. 2007-Dec 2013

Philadelphia, Pennsylvania

APA-Accredited, Clinical Psychology Program

**Doctor of Psychology**

Dec. 2013

**Completion of Coursework: Aug. 2013**

Major: Clinical Psychology

Concentration: Assessment

**Masters of Science**

May 2009

Major: Clinical Psychology

**Temple University**

Aug. 2002-May 2006

Philadelphia, Pennsylvania

**Bachelor of Arts**

May 2006

Major: Psychology

**Bachelor of Fine Arts**

May 2006

Major: Dance

#### PROFESSIONAL EXPERIENCE

**Crystal Taylor-Dietz, Private Practice**

Sept. 2015- Present

Bethesda, MD

*Position:* Licensed Psychologist, Sole Proprietor

*Responsibilities:* Conducts outpatient therapy for adolescents, adults and families, and consults with psychiatrist, physicians, and educational institutions. Consultation services are also provided to businesses that provide psychological, social, or humanitarian services. Consultation services include therapeutic consultation, psychological assessment with children and adults, risk assessments, program development and workshops/presentations.

***Position:* National Director of Behavioral Health Services**

Oct. 2020 – Present

*Responsibilities:* Provides national oversight, direction, and guidance to Behavioral Health Centers' Emotional/Behavioral Disorder programs to support the implementation of evidence-based practices and alignment with program models. Works directly with Center leadership across six different states to monitor and ensure fidelity of best practices, providing support and resources when necessary. Seeks new opportunities to enhance services and remain current with best practices. Acts to develop systems and monitoring structures to ensure quality programming,

regulatory compliance, and exceptional internal and external customer service. Serves as co-leader of national DEIB committee.

**Saint Luke Institute**

Aug.2015-Oct. 2020

Silver Spring, Maryland

Position: Director of Caritas Counseling Center

Sept. 2016- Oct. 2020

Responsibilities: Clinical and administrative oversight of multidisciplinary services provided by the outpatient counseling center at two outpatient locations in Silver Spring, MD and Towson, MD. Responsibilities include conducting individual and group supervision, tracking weekly and monthly utilization of services, completing and submitting quarterly status reports and quality improvement data, marketing and outreach, developing and implementing new programs and strategic plans for the department, conducting clinical consultations and individual and group psychotherapy, completing psychological testing (cognitive and personality measures), writing psychological assessment reports for comprehensive evaluations and candidate assessments and conducting psychoeducational workshops and presentations. This role is also part of the institute's leadership team, comprised of members of the executive leadership in the organization. Weekly leadership meetings include discussions regarding the day-to-day and strategic goals of the larger organization, including the residential program and other treatment sites in Kentucky, Missouri and Manchester, England.

Position: Licensed Psychologist, Residential Program

Aug. 2015-Sept. 2016

Responsibilities: Working within a multidisciplinary treatment team conducting individual psychodynamic therapy with adult clergy and religious, co-leading process and psychoeducational groups, conducting psychosocial evaluation interviews, administering and scoring projective tests, providing psychological testing feedback, coordinating clinical services for clients, participating in multidisciplinary team meetings and case presentation and consulting with religious leaders and other professionals.

**Next Step**

Summers 2014-2020

Boston, Massachusetts

Position: Psychosocial Director for Summer Conferences

Responsibilities: Next Step holds summer conferences for youth and young adults with complicated medical illnesses such as HIV/AIDS, cancer and genetic disorders. Responsibilities for this contract position include, developing and implementing psychosocial protocols, conducting staff training, collaboration with multi-disciplinary teams including medical staff, music therapists, social workers and educators, on-site consultation with residential counselors and conference staff and developing/facilitating workshops that focus on addressing psychosocial challenges and quality of life.

**The George Washington University, Professional Psychology Program,  
Center Clinic**

Sept. 2013-Aug. 2015

*Post-Doctoral Fellow/Research Instructor in Clinical Psychology*

Clinical, administrative, and teaching post-doctoral fellowship. Clinical duties included individual therapy with children and adults, family therapy with diverse populations and psychological assessment of children and adults. Advanced fellowship (sept 2014- 2015) also included collaboration with the Cancer Survivorship Clinic at George Washington University Hospital to

provide individual therapy to oncology patients and participate in weekly inter-disciplinary team meetings. Administrative duties included providing supervisory oversight of the day-to-day management of the Center Clinic, developing and conducting clinical trainings for externs, and conducting clinical supervision of therapy and assessment cases for doctoral psychology externs. Teaching responsibilities included teaching a testing practicum class for second year clinic externs. A minimum of three hours a week of supervision by a licensed clinical psychologist was received to prepare for licensure.

**Northwestern Human Services**

June 2009-Aug. 2012

Philadelphia, Pennsylvania

Position: BHRS Clinical Supervisor

Aug. 2011-Aug. 2012

Responsibilities: Clinical supervisor for mobile therapists, behavioral consultant specialists, and therapeutic staff support providing in-home and community therapy services for children in Bucks County. Responsibilities included review and approval of behavioral treatment plans, Functional Behavioral Assessments (FBA) and clinical progress notes, conducting individual and group supervision, leading critical case review meetings, completing compliance and fidelity audits, tracking weekly utilization of services, completing and submitting paper work for insurance authorization and attending weekly individual supervision, monthly group supervision, and clinical trainings.

Position: BHRS-Mobile Therapist

June 2010-Aug. 2011

Responsibilities: Fee-for-service mobile therapist. Provided in-home and community therapy services for children in Montgomery County. Responsibilities included developing and implementing treatment plans, writing clinical progress notes, conducting individual and family therapy, integrating community activities as part of therapeutic treatment, and attending interagency meetings at schools.

Position: Behavioral Health Therapist

June 2009-June 2010

Responsibilities: Therapist for males ages 14 to 18 years old who resided in the Bucks County Community Residential Rehabilitation Program. Responsibilities included developing and implementing treatment plans; conducting group, individual, and family therapy; hosting and attending interagency meetings at schools and community organizations, and completing and submitting paper work for insurance authorization.

**Community Council MH/MR**

July 2010-July 2012

Philadelphia, Pennsylvania

Position: Children's Outpatient Therapist, Part-time

Responsibilities: Outpatient fee for service therapist for children and adolescents in the West Philadelphia area. Responsibilities included developing and implementing treatment plans; conducting individual, family, and play therapy; writing clinical progress notes, and conducting psychosocial intake assessments.

**Wordsworth Adolescent Family Based Services**

Feb. 2007-Aug. 2008

Philadelphia, Pennsylvania

Position: Mental Health Worker

Responsibilities: Worked with a master's level therapist providing intense Structural Family Therapy and case management services to clients in a community-based program. Other responsibilities included structuring and facilitating therapy sessions based on case

conceptualization; participating in client intake assessments; assisting in constructing treatment goals for family treatment plans; consulting with clients' schools and provider agencies; monitoring client progress; referring families to community resources; and attending regular family-based therapy trainings.

**Cornell Companies**

Sept. 2006-Feb. 2007

Philadelphia, Pennsylvania

*Position:* SCOH Worker

*Responsibilities:* Provided case management services to clients in a community based program. Duties also included working with families on following Family Service Plan goals from the Department of Human Services; communicating regularly with DHS around clients' compliance with completing service plans; setting schedules for clients to support their attendance to mandated appointments; and referring clients to community resources.

**TEACHING AND SUPERVISORY EXPERIENCE**

**The Washington School of Psychiatry**

*Faculty in the Child and Adolescent Training Program*

Fall 2016- Present

Conducting and Developing 3hr lectures for classes within the two- year professional training program. Courses include: Oedipal Tasks for Child Development, Effective Dynamic Child Therapy, Culturally Informed Child Psychological Assessment and Culturally Informed Psychodynamic Child Therapy.

*Guest Instructor in the Child and Adolescent Training Program*

Spring 2015 & 2016

Conducting lectures for classes within the training program. Courses Included: Oedipal Tasks for Child Development.

**The George Washington University Professional Psychology Department**

*Assistant Clinical Professor of Clinical Psychology*

Sept. 2015- Present

Responsibilities include supervising doctoral students in either psychotherapy or psychological assessment who are externs at George Washington University Center Clinic. Supervision includes weekly supervisory meeting, review of clinical notes and documentation and completing end of the semester evaluations.

*Research Instructor in Clinical Psychology*

Sept. 2013-Aug.2015

Taught a testing practicum course for second year doctoral students aimed to increase externs' knowledge of cognitive and psychodynamic testing and to improve their skills in case presentation and case formulation.

**Chestnut Hill College**

Fall 2009-Spr. 2011

*Graduate Teaching Assistant*

Responsibilities included providing extra help/tutoring to undergraduate students, developing study guides and grading rubrics for essays and research papers, presenting class lectures, proctoring exams, grading tests and papers. Courses Included: Psychology of Women, Social Psychology and General Psychology

Supervisor: Nancy Porter, Ph.D., Associate Professor of Psychology, Chestnut Hill College

## **CLINICAL TRAINING**

### **Center for Multicultural Training in Psychology at Boston University Medical Center and the Boston University School of Medicine**

Sept. 2012-Aug. 2013

#### *Pre-Doctoral Internship*

APA-accredited internship for specialized training in multicultural diversity. Conducted psychotherapy, psychological assessment, and forensic report writing in an inpatient psychiatric state hospital for adults. Also provided mental health services, which included developmental assessment (ages 18mo-4yrs), individual therapy and life-skills groups to children and young adults with complicated medical illnesses through a multidisciplinary team of medical professionals at a therapeutic daycare and young adult HIV program. Internship also included four hours of weekly supervision and seminars on topics such as multicultural family therapy, forensic assessment, neuropsychological assessment, and multicultural case conference.

Director: Kermit A. Crawford, Ph.D.

### **Princeton House Behavioral Health-Women's Program**

Sept. 2010-July 2011

#### *Clinical Practicum*

Outpatient partial program based on Relational-Cultural Theory (RCT) model and the use of Dialectical Behavioral Therapy (DBT) to treat women with a history of trauma and/or addiction. Conducted psychotherapy groups, psycho-education groups, activity groups, and individual therapy. Developed and implemented a psycho-education group called *Mindful Spending*. Received weekly individual supervision by a licensed psychologist and weekly group supervision/consultation.

Supervisor: Nathalie Edmond, Psy.D. & Holly Kennedy, Psy.D.

### **Montgomery County Youth Center**

Aug. 2009-July 2010

#### *Assessment Practicum*

Conducted personality and intelligence testing for detained youth. Assessment instruments included cognitive, memory, visual/perceptual processing, and personality/projective tests. Interviewed clients, administered test batteries, scored and interpreted test results, and wrote comprehensive reports. Administered over 20 batteries and completed 15 written psychological reports. Received weekly individual supervision by a licensed psychologist.

Supervisor: John D'Alessandro, Ph.D.

### **Growth Opportunity Center**

May 2008-April 2009

#### *Clinical Experience*

Provided individual, adult, child and family psychotherapy. Interventions included psychodynamic, cognitive-behavioral, and family systems approaches. Consulted with schools, psychiatrists, and physicians to coordinate services and treatment. Performed psychosocial assessments for children and adults, including: specific structured interviews, behavior rating scales, personality inventories, and projective tests. Interviewed clients, administered assessment tools, wrote comprehensive reports, and conducted feedback sessions with parents. Received weekly individual supervision by a licensed psychologist, as well as group supervision on working with young children in individual and family contexts.

Supervisor: Diane Sizer, Ph.D.

## **SERVICE LEADERSHIP & PROGRAM DEVELOPMENT**

### **Explorers Sans Frontières (ESF)**

July 2010-2016

#### ***Director of Mental Health and Wellness***

ESF is a humanitarian organization that provides humanitarian and medical support to local Philadelphia communities and communities abroad in underserved countries. Served on numerous multidisciplinary medical missions to Haiti providing mental health services through mindfulness and behavioral interventions, and humanitarian aid to adults and children in various tent cities and orphanages. Responsibilities included development and implementation of psychosocial protocols, conducting staff training, consulting with medical personnel, social service professionals and community leaders; participant and contributor to the strategic planning committee.

### **College Bound Home for Girls (CBHG)**

Sept. 2008-Sept. 2014

#### ***Vice President on the Board of Directors***

CBHG is a not-for-profit, 501(c)(3) organization dedicated to providing community support to girls age 14 to 21 who are motivated to attend college. Responsibilities include, participating in all ongoing decision-making processes related to the non-profit program, completing grant applications, conducting professional presentations, and assist with developing community service projects, college prep curriculums, and other programs to benefit organization's target community.

## **PROFESSIONAL PRESENTATIONS**

Taylor-Dietz, C., (2022). Managing your Mental Health in the Workplace: Navigating Macroaggressions and Other Stressors. SevenRooms, Webinar.

Taylor-Dietz, C., (2021). Implicit bias part 2: Deepening your understanding and applying your tools. Presentation for the Franciscan Mission Service, Webinar.

Taylor-Dietz, C., (2021). Implicit bias: Tools for self-development. Presentation for the Franciscan Mission Service, District of Columbia.

Taylor-Dietz, C. (2021). Mental Health Matters: Understanding Mood and Anxiety Disorders. Webinar presentation for SLIConnect, the on-line education ministry of Saint Luke Institute. Silver Spring, MD.

Taylor-Dietz, C., (2020). Implicit bias: Tools for self-development. Presentation for Catholic Apostolate Center and SliConect, Webinar.

Taylor-Dietz, C., (2020). Personality, Culture or Pathology. Presentation at the National Religious Vocations Conference, Summer Institute, Webinar.

Taylor-Dietz, C., (2019). Intersecting variables; Is it personality or culture. Presentation for the Sisters of Providence yearly meeting, St. Mary in the Woods, IN.

Taylor-Dietz, C., (2019). Healthy Technology Use. Presentation for the Mid-Atlantic Vocations Directors, Baltimore, MD.

- Taylor-Dietz, C.,** McClone, K. (2018). Striving to Understand Culture and Personality. Presentation at the Engaging Our Diversity: Interculturality and Consecrated Life conference, Chicago, IL.
- Taylor-Dietz, C. (2018). Finding Your Digital Balance and Reducing Social Media Stress. Presentation at the National Religious Vocations Conference, Buffalo, NY.
- Taylor-Dietz, C. (2018). Let's Get Real About Mental Health. Presentation for the Zion Church Women's Annual Conference. Landover, MD.
- Taylor-Dietz, C. (2018). Let's Take a Selfie, No Filter; Unveiling Your Emotional Snap-shot. Presentation for the Zion Church Family Conference. Hershey, PA.
- Taylor-Dietz, C. (2017). Healthy Communication: Skills for Candid Conversations. Presentation for the Montgomery County section of the Archdiocesan Catechetical Leaders Association. Rockville, MD.
- Taylor-Dietz, C. (2017). Navigating Cultural Identity: Deepening Understanding of Ourselves & Others. Webinar presentation for SLIConnect, the on-line education ministry of Saint Luke Institute. Silver Spring, MD.
- Taylor-Dietz, C. (2017). Understanding Mental Health from a Multicultural Perspective. Presentation at the National Black Catholic Congress, Orlando, FL.
- Charles, M., Choi, A., Debiak, D., Garcia, J., Methikalam, B., **Taylor-Dietz, C.** (2017). Walking the Walk: Staying Engaged in Cross-Cultural Dialogues. Roundtable presentation at the American Psychological Association National Convention, Washington, D.C.
- Charles, M., Choi, A., Debiak, D., Garcia, J., Methikalam, B., **Taylor-Dietz, C.** (2016). Voices from both sides-the multicultural journey of educators and students. Roundtable presentation at the American Psychological Association National Convention, Denver, CO.

### **RESEARCH AND PUBLICATIONS**

- Taylor-Dietz, C. & Kelly, A. (2023). The Integral role of families of families in Promoting Mental Health and Managing Mental Illness. *Behavioral Health News* (Winter 2023).
- Taylor-Dietz, C. & Stubbs, M. (2022). The Integration of Treatment and Recovery: Special Considerations for Working with Children. *Behavioral Health News* (Spring 2022).
- Taylor-Dietz, C. (2021). Utilizing Trauma-Informed Care to Address Trauma Reactions in Staff: Potential Impacts on Retention. *Behavioral Health News* (Summer 2021).
- Taylor-Dietz, C. (2021). Personality, culture and interculturality. In L. T., Stanislaus, & C. Tauchner (Eds.), *Becoming intercultural: Perspectives on mission* (pp 59-74).

McClone, K. & **Taylor-Dietz, C.** (2020). Striving to Understand the Complexities of Culture and Personality. In Cimperman, M., & In Schroeder, R. *Engaging our diversity: Interculturality and consecrated life today* (pp. 163-176). Maryknoll, NY : Orbis Books

Taylor-Dietz, C. (2019). Habit Versus Addiction. *Saint Luke Institute LukeNotes* (pp.1-3).

Taylor-Dietz, C. (2017). Cultural Identity and International Ministries. *Saint Luke Institute LukeNotes* (pp.1-3).

Taylor, C. (2013). A Comparative Study on Cross Race and Same Race Mentoring Relationships on Self-report of Closeness. ProQuest Dissertations Publishing.  
Dissertation Defended January 23, 2012; Chair: Cheryl Rothery, Psy.D.

### **PROFESSIONAL AFFILIATIONS**

**American Psychological Association** 2008-Present  
ECP Member; Division 39 MCC Scholar (April 2014-April 2015),  
Division 45 member

**Global Health Council** 2011-2013  
Student Member; ESF representative

**Association of Black Psychologists** 2010-2013  
Graduate Student Member

**Pennsylvania Psychological Association** 2008-2013  
Graduate Student Member, active participant with the Committee on Multiculturalism, and the past Diversity Officer on the PPAGS executive board (June 2010- June 2012),

**Delaware Valley Association of Black Psychologists** 2008-2013  
Graduate Student Member, participant of the Student Concerns Committee, and past Chair and Co-Chair of the Student Concerns Committee (Aug. 2008- Aug. 2010)

### **HONORS & SCHOLARSHIPS**

**Division of Psychoanalysis Multicultural Concerns ECP Scholar** April 2014  
Awarded by the Multicultural Concerns Committee of the American Psychological Association Division 39 to early career psychologists who demonstrate knowledge of psychoanalytic ideas and multicultural literature, ability to reflect on one's minority experience, and capacity to make future scholarly and/or clinical contribution to psychoanalytic psychology.

**PPA Student Multiculturalism Award** April 2011  
Awarded by the Pennsylvania Psychological Association to a psychology student who produces distinguished psychology related work on issues surrounding multiculturalism, diversity, advocacy, and/or social justice.

**Margaret Bott Memorial Award** June 2010  
Education Award given by the Pennsylvania Psychological Foundation to graduate students that



demonstrate high academic performance, potential for service to the field, community service involvement and financial need.

**Delaware Valley Association of Black Psychologists' Student  
Service Award**

May 2010

Awarded to a student that demonstrates effectiveness in servicing and/or teaching community members how to interact with and negotiate the various social service systems and improve the overall quality of life for the African or African American community.